

# Yas Plaza Hotels

## Yas Plaza Hotels invites the community to #BreaktheBias and celebrate women this March



**ABU DHABI, UAE, March 2021:** To mark International Women’s Month, Yas Plaza Hotels opens Yas Central Plaza for a series of free-to-attend educational and empowering activities under the global theme #BreaktheBias from March 11 to 12. While the event caters to women, the entire family is also sure to enjoy the entertainment and variety of F&B on offer for the whole weekend. And beyond this, Yas Plaza Hotels will continue to celebrate women with exciting and irresistible packages available throughout the month.

Both days will open with three 30-min reviving yoga sessions from 4:30pm by Immersed Life Yoga. This will then be followed by a talk on women’s nutrition Dr. Mona Ghonim from Baren International Hospital on March 11, and women’s health by Dr. Rehab Izzeldin Osman Farahat from NMC Royal Medical Centre Shahama on March 12 at 6:30pm. Following this, Dr. Alka Kalra from Wings of Angelz will deliver a workshop around striking a healthy balance between home and professional lives for both parents. In between the program, join the quizzes themed around the most inspirational women in history who have blazed the trail in breaking the bias and expect loads of prizes from Trucare, the Middle East’s leading distributor of the world’s finest brands like Tommee Tippee, Hello Bello, Nano bebe and more, and licensed merchandise in the baby care, toys, apparel, back-to-school, travel, and home and accessories categories.

Event partner, Equinox AD PAREO, has also prepared activations that must not be missed. Ladies looking to take their career to new heights can get free counselling and career grooming tips from refining their resume to defining their personal brand from the talented team at Working Queens. Alongside this, Azzure Salon will be ensuring women are pampered with free hair and nails treatments. Those who wish to use creativity as a tool for enhancing their mental wellness

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can get into freestyle painting sessions with Art by Melous. Furry parents will also be delighted to know that VIP Pets are on standby to give free pet grooming. Other displays include handcrafted jewellery by women association, Smile; and handy car protection accessories for women by Carcoon.

In addition, doors will be opened to support worthy causes by Wings of Angelz, a non-profit entity that works towards creating awareness about wheelchair accessibility; and EduScan Group that focuses on identifying and highlighting the hidden potential of an individual boosting his/her self-esteem.

While the women and moms are taking full advantage of the Yas Plaza Hotels offerings, Elthady will be in-charge of keeping the children busy with bouncy castles, bull-rides, face paintings and clown entertainment. Amerigos, on the other hand, will be serving its signature Mexican fare for all hungry amigos and amigas.

Aside from the inspiring activities during the weekend, women will be celebrated for the remainder of the month at the award-winning dining venues in Yas Plaza Hotels, with exceptional F&B offers specially for the ladies.

### **RADISSON BLU**

#### **AMERIGOS**

**Offer:** **Frida Night – International Women’s Day Edition**  
**Description:** Women Empowered  
**Package:** AED 99 Margaritas and Tapas for every 3 hours  
**Date & Time:** 8<sup>th</sup> March, 5:00 PM onwards

#### **Amerigos**

Park Inn by Radisson Blu, Yas Island, Abu Dhabi, UAE

**For booking:** + 971 2 656 2000

**Soc Med Handle:** <https://www.instagram.com/amerigosyasisland/>

#### **FILINI GARDEN**

**Offer:** **Bellissima – Filini signature ladies’ night is back with a twist!**  
**Description:** Capital’s favourite ladies’ night is back with a bang and live entertainment by DJ Cliff Townley.  
**Package:** AED 69 – enjoy 3hrs of unlimited sparkling plus a 50% on all food items.  
**Date & Time:** Every Monday, from 5:00 PM onwards

#### **Filini Garden**

Radisson Blu Hotel, Yas Island, Abu Dhabi, UAE

**For booking:** + 971 2 656 2000

**Soc Med Handle:** <https://www.instagram.com/filinigarden/>

### **CROWNE PLAZA**

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## JING ASIA

**Offer:** **Jing Asia celebrates “International Women’s Day”**  
**Description:** **Asian Treat For all Ladies**  
**Package:** 50% discount for all ladies at Jing Asia for Lunch and Dinner (applicable on Food and alcoholic beverages)  
**Date & Time:** 6<sup>th</sup> – 8<sup>th</sup> March, Sunday to Tuesday, 12:00 PM onwards

### Jing Asia

Crowne Plaza Hotel, Yas Island, Abu Dhabi, UAE

**For booking:** + 971 2 656 3000 / 3055

**Soc Med Handle:** <https://www.instagram.com/crowneplazayasisland/>

## STILLS

**Offer:** **Stills Celebrates “International Women’s Day”**  
**Description:** **Women`s Got Talent : Women`s Day Special Karaoke Night**  
Live entertainment by Lady Dj Nikki Nicole and Karaoke Artist “Sharah”  
**Package:** 1<sup>st</sup> Drink free for all women coming to stills, Happy Hour on house beverages and bar bites till 9 pm.  
**Date & Time:** 8<sup>th</sup> March, Tuesday, 7:00 PM onwards

**Offer:** **Ladies First**  
**Description:** Grab the girls and start the weekend right!  
Live entertainment by Nikki Nicole & Saxophonist Mabi  
**Package:** For just AED 99 ladies can enjoy tapas and unlimited house beverages.  
Gents can also enjoy the same package at AED 249.  
**Date & Time:** Every Thursday, 8:00 PM – 12:00 AM

### Stills Restaurant & Bar

Crowne Plaza Hotel, Yas Island, Abu Dhabi, UAE

**For booking:** + 971 2 656 3000 / 3066

**Soc Med Handle:** <https://www.instagram.com/stillsyasisland/>

## YAS ISLAND ROTANA

### CHOICES

**Offer:** **International Women’s Day**  
**Description:** The ‘Ladies Brunch’ exclusive for Ladies only!  
**Package:** AED 119  
**Date & Time:** 8<sup>th</sup> March, 12:30 – 4:00 PM

### Choices Restaurant

Yas Island Rotana, Yas Island, Abu Dhabi, UAE

**For booking:** + 971 2 656 4000 / 4155

**Soc Med Handle:** <https://www.instagram.com/yasislandrotana/>

## RANGOLI

**Offer:** **International Women’s Day**

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Description: Cooking class with Lunch in Choices  
Package: AED 65 net per person  
Date & Time: 8<sup>th</sup> March, 1pm to 4pm

## Rangoli

Yas Island Rotana, Yas Island, Abu Dhabi, UAE

**For booking:** + 971 2 656 4000 / 4155

**Soc Med Handle:** <https://www.instagram.com/yasislandrotana/>

## YBAR

### Offer: Friday Night – Ladies Night

Description: “Choose to shake off all the stress and head over to Ybar, Yas Island Rotana every Wednesday. This gal-exclusive mid-week fun guarantees pumping cool vibes perfectly paired with free-flowing drinks for AED 99 and 50% discount on mains and bites. You might just be chosen as the Queen of the Night and have our bartenders prepare a drink especially made for you. And those guys looking for some elation can join the fun too.

Entertainment - DJ

Package: AED 159

Date & Time: Every Friday, 8 pm onwards

For reservations, call +971 265 6 2000 or visit <http://www.yasplazahotels.com> and get social on Instagram at <https://www.instagram.com/myyasplaza/>.

Images: <https://we.tl/t-8NCTVNef5H>

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## NOTES TO EDITORS

### About Yas Plaza Hotels:

Yas Plaza Hotels offer guests the choice of six world-class hotels located in the heart of Abu Dhabi's most exciting leisure and entertainment destination, Yas Island. Home to top hospitality brands, Radisson Blu, Crowne Plaza, Centro, Yas Island Rotana, Park Inn by Radisson and Staybridge Suites - with 1,760 Room keys, 21 Award-winning restaurants and bars and 25 Meetings and events facilities, Yas Plaza Hotels offer a world of possibilities with every stay. Visit: <http://www.yasplazahotels.com>

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